

VERRUCA NEEDLING -Information

Treatment Procedure:

Following a comprehensive consultation with the Podiatrist, the option to perform a Verrucae Needling procedure will be discussed. Needling of warts or verrucae is performed under local anesthetic with two or three injections around the ankle for a full ankle block or a local infiltration block. The minor procedure is completed under aseptic technique and is completely painfree. The virus is needled with a hypodermic sterile needle which repeatedly punctures the verrucae cells. This procedure pushes the verrucae through the deeper layers of the skin for your own body to respond to the virus. Your body produces a local cellular inflammatory process which allows your immune system to locate the virus and produce antibody's. Needling is a very effective treatment in reducing and destroying verrucae tissue. Once the procedure is complete a dressing is applied to the foot which can be removed after 48 hours. The dressing must be kept clean and dry. A return appointment will be discussed with your Podiatrist at South West Podiatry for around 3-6 months.

On the day of needling:

- Attend in your normal footwear.
- Eat normally throughout the day.
- Drink plenty of water.
- Car insurance is invalid for 24 hours so please make alternative arrangements.
- Please inform the Podiatrist if your medication or medical history has changed.
- You should not require any time off work.
- Rest for the evening after the procedure.

After the procedure:

- Keep the post op dressing clean and dry for 48 hours
- Remove the dressing and salt water bathe the feet.
- Re dress the wound with a sterile dressing until healed.
- Report any signs of infection to your Podiatrist or GP immediately (Redness/Heat/Swelling)
- Avoid exercise until pain free.
- Take pain medication (if required)

Side Effects:

Although side effects are uncommon, infection is the largest risk. Infection will normally show as an increase in pain, redness or heat. If you suspect you may have an infection then contact the clinic on the number below or your GP immediately. Other known uncommon side effects include reaction to local anesthetic and scarring at the site of needling.